



NAVIGATING OT EXCELLENCE
NOTA CONFERENCE 2024

NOTA Annual Conference
April 6th, 2024

<p>Keynote Address:</p> <p>We Battled and Finally Beat My Brain Tumor!</p>	<p>Amy Schroeder, MEd CCC-SLP</p>
<p>Track 1 (morning track - Beginner Level Course):</p> <p>Occupational Therapy's Role in Pelvic Floor Rehab</p>	<p>Kwynn Shelbourn OTR/L, MOT</p> <p>Sarah Rimpley OTR/L, MOT</p> <p>Lauren Enochs OTR/L, MOT</p>
<p>Track 2 (morning track - Intermediate Level Course):</p> <p>What's new in the lymphedema world? Gymphatics, Central Lymphatic Dysfunction, Alert and more!</p>	<p>Crystal Bennett OTR/L, CLT, CWT, NLN Expert Clinician</p>
<p>Track 3 (morning track - Intermediate Level Course):</p> <p>Occupational Therapy Collaboration with Speech Language Pathologist's in the School Setting Using the LAMP (language acquisition through motor planning) Program for Nonverbal Individuals with Autism and Other Developmental Disabilities.</p>	<p>Libby D. Paro, OTR/L, ADHD, RSP</p> <p>Brooke Hendricks, MSED, CCCSLP</p>
<p>Track 4 (morning track - Intermediate Level Course):</p> <p>Dementia, Delirium, and Post Intensive Syndrome: Understanding Best Practices and Knowing the Differences</p>	<p>Nicole Chipy-Hammack EdD, OTR/L, CLT</p> <p>Andrea Gonzalez Saavedra, OTR/L</p>
<p>Track 5 (afternoon track – Beginner Level Course):</p> <p>Evaluating Functional Cognition: Using Performance-based Assessments to Inform Decisions and Interventions</p>	<p>McKenzie Rae Behrendt, OTD, OTR/L</p> <p>Sarah Fellman, OTD, OTR/L, CKTP</p>
<p>Track 6 (afternoon track – Intermediate Level Course):</p> <p>Application of Trauma-Informed Care Principles Across Practice Settings</p>	<p>Kylie Widhelm OTD, OTR/L</p>

<p>Track 7 (afternoon track – Intermediate Level Course): Relationship Based Intervention with a Sensory Perspective to challenging behavior, emotions and sensory needs</p>	<p>Amy Schnacker, OTR/L</p>
<p>Track 8 (afternoon track – Advance Level Course): Evaluating and Treating Clients with TMJ Dysfunction for Occupational Therapy Practitioners: A fascia informed protocol</p>	<p>Amy Mayer OTD, OTR/L, RYT</p>
<p>Lunch & Learn- eligible for 1 CEU if attending in person: Nebraska Fieldwork and Doctoral Capstone Consortium Panel</p>	<p>Fara Adams, BS, COTA/L Megan Classen, OTD, MSOT, OTR/L, CLT, CHT Anna Domina OTD, OTR/L Ashley Fecht, OTD, OTR/L, BCP Jaime Garafalo-Peterson OTD, OTR/L Kayla Hoge, OTD, OTR/L Libby Paro, OTR/L, ADHD, RSP Stacy Smallfield, DrOT, OTR/L, BCG, FAOTA Leah Stade, OTD, MHPTT, OTR/L Hannah Wieger MOT, OTR/L, CLT</p>
<p>Lunch & Learn: Scope of Practice – No CEU offered *Presenter will also be available following the last track on Saturday should attendees attend the other lunch and learn session.</p>	<p>Melissa Kimmerling, EdD, MOT, OTR/L</p>

Continuing Education Sessions

The Keynote Session is an unopposed educational session. Participants may choose 1 of 4 continuing education session tracks Saturday morning and 1 of 4 continuing education session tracks Saturday afternoon. Participants cannot move between tracks and will not receive partial credit for attendance of a portion of a course. When you register, you will be required to choose your tracks. Seating is limited for each track, so register early! (Day of conference registration will be available as seating allows.)

***By registering and attending the conference in-person in Kearney, NE you will receive a code to be used on Aspire OT to view ALL recorded 2024 conference sessions for FREE to earn additional CEU's!**

**Continue to next page for conference schedule, registration information, and in-depth session information.*

Conference At-A-Glance Schedule

Friday, April 5th

Networking/Social Time- more information coming soon. Please watch your email, social media, and this brochure for updates.

Saturday, April 6th

7:30am-8:00am

- Registration

8:00am-9:00am

- Keynote (1 CEU)

9:15am-11:15am

- Sessions (2 CEUs)

11:15 am-11:30am

- Lunch Served- grab and go style

11:30am-12:30pm

- Lunch and Learn Session (1 CEU for those who attend the in person session “Nebraska Fieldwork and Doctoral Capstone Consortium Panel”. Scope of Practice session is not eligible for a CEU. Lunch & learns will not be recorded for future viewing on Aspire OT)

12:30pm-1:30 pm:

- Sponsor Booths
- Raffle Prizes-must be present to win!

1:45pm-3:45pm

- Sessions (2 CEUs)

****Following Conference, if you were unable to attend the Scope of Practice Lunch & Learn Session, Melissa Kimmerling, EdD, MOT, OTR/L will be present for a short question and answer session.***

Hotel Information

There are many hotel options available in the Kearney area! Here are a few.

Hampton Inn By Hilton Kearney (308-661-0447)

507 Talmadge Street, Kearney, NE,

Crowne Plaza Kearney an IHG Hotel (Indoor Water Park for family fun!) (308-238-7000)

707 Talmadge Street, Kearney, NE, US

Holiday Inn Kearney, an IHG Hotel (308-237-5971)

110 2nd Avenue, Kearney, NE 68847

Registration Fees

Registration for conference & membership are available online at www.notaonline.org

**Cancellation Policy: If notification of cancellation occurs prior to March 1st, 2024, refunds will be given less a \$20 administration fee.

**There will be an additional fee of \$20 when registering the day of conference.

**WEATHER POLICY: Due to the complexity involved with planning conference, any major weather-related issues that could result in a registrant being unable to attend will be evaluated on a case by case basis. A refund of *up to 50%* may be considered but is not guaranteed. The conference planning committee would review each individual case once conference is complete and any refund will be given within 30 days.

**If UNMC implements a Mask Mandate, NOTA must adhere to this policy and all those in attendance will be required to Mask while on property.

Early Bird Pricing valid until

March 1st, 2024. Don't delay, register today!

6 In-Person CEU hours 17 TOTAL CEU's with access to all courses on Aspire following conference.	EARLY BIRD Pricing *register before March 1st!	Pricing After March 1st!
OTR Member	\$185	\$220
OTR Non-Member	\$285	\$340
COTA Member	\$160	\$190
COTA Non-Member	\$235	\$280
Student Member	\$110	\$130
Student Non-Member	\$160	\$190

Registration for conference is available online at www.notaonline.org.

Save money on your conference registration by becoming a member of the Nebraska OT Association when you register! Save over 15 % with EARLY BIRD pricing!

Keynote Session: We Battled and Finally Beat My Brain Tumor!

Speaker:

Amy Schroeder, MEd CCC-SLP

Amy is a wife, and she and her wonderful husband, Brian have been married for 19 years in July. She is a mother of two, son, Ryker, is 15 and a freshman and daughter, Kyler, is 13 and a seventh grader. Amy is a Speech Language Pathologist and this is her 19th year as an SLP in the school setting. She is also a brain tumor warrior/survivor. They have battled this tumor a little over 13 years now.

Course Description:

A story about the past 13 years of battling a Brain Tumor and the help I received along the way! It takes a village to beat a brain tumor: a wonderful family, great friends, an awesome community, and the best medical team including occupational therapists, physical therapists and speech therapists.

Course Objectives:

- Learn definition of Acoustic Neuroma.
- Hear the personal story of my tumor fight.
- Learn the importance of occupational therapy and physical therapy in helping beat a brain tumor.

Track 1 – Beginner Level Course: Occupational Therapy’s Role in Pelvic Floor Rehab

Speaker Qualifications:

Kwynn Shelbourn OTR/L, MOT , Sarah Rimpley OTR/L, MOT, & Lauren Enochs OTR/L, MOT

Kwynn, Sarah, and Lauren are occupational therapists employed by inspire rehab that specialize in pelvic floor therapy in rural communities throughout Nebraska. All three therapists have individually taken over 75 hours of continuing education to provide this unique and in-demand service to their communities since 2020. All three therapists have completed Herman & Wallace Level 1 & 2B and are certified “Pregnancy & Postpartum Corrective Exercise Specialists.”

Course Description:

In this beginner level course, pelvic floor therapy will be defined with discussion covering common diagnoses such as urinary incontinence, prolapse, constipation, pelvic pain, and pregnancy & postpartum. Other topics include program development, the role of every occupational therapist in pelvic health, and our take on the “occupational therapy versus physical therapy” referral debate.

Course Objectives:

- Identify common complaints associated with pelvic floor dysfunction and when to refer appropriately.
- List two ways the pelvic floor muscles can be examined.
- Understand the difference between stress incontinence and urge incontinence.
- List three treatment strategies for improving urinary control.
- **And more!**

Track 2 – Intermediate Level Course: What’s new in the lymphedema world? Gymphatics, Central Lymphatic Dysfunction, Alert and more!

Speaker qualifications:

Crystal Bennett OTR/L, CLT, CWT, NLN Expert Clinician

Crystal Bennett, OTR/L, CLT, CWT, NLN Expert Clinician, is a dedicated occupational therapist with over two decades of experience in diverse healthcare settings. Graduating from the College of St. Mary in 2002 with a

degree in Occupational Therapy, Crystal has honed her skills across various practice areas, including outpatient hand therapy, skilled nursing, home health, and acute hospital care.

In 2020, Crystal embarked on a new chapter in her career, joining Syracuse Area Health, a critical access hospital in Syracuse, Nebraska. Here, she has established a thriving practice specializing in lymphedema and wound care, driven by her passion for these areas of practice ignited during a Level II clinical experience.

Crystal's commitment to excellence is evident in her pursuit of advanced certifications. She earned her Certified Lymphedema Therapist designation from the Norton School of Lymphatics in 2008, followed by her Wound Therapy Certification from the International Lymphedema and Wound Training Institute in 2020. Notably, in 2021, she achieved the Lymphedema Therapist Expert Clinician Designation from the National Lymphedema Network, showcasing her advanced skill in ten key lymphedema therapy practice areas.

Course Description:

Join us for an enlightening journey into the latest advancements in lymphology. In this engaging two-hour course, occupational therapists of all levels will delve into cutting-edge concepts and practical techniques to enhance their understanding and treatment of lymphatic disorders, particularly focusing on central lymphatic dysfunction, lymphatics, ALERT strategies, wound care, and beyond.

Led by a skilled lymphedema clinician and supported by real-life patient experiences, this course offers a dynamic blend of theoretical insights and hands-on learning opportunities. Participants will have the unique chance to engage in an interactive lab, view demonstrations, and explore firsthand the effectiveness of various treatment modalities. Through patient testimonials and case studies, attendees will gain invaluable perspectives on the impact of innovative interventions and discover strategies to optimize patient outcomes.

Highlights of the course include:

- In-depth exploration of central lymphatic dysfunction and lymphatics: Unravel the complexities of lymphatic system disorders and gain insights into emerging research and treatment approaches.
- ALERT findings: Learn how these findings can be translated into clinical practice and enhance patient outcomes.
- Wound care essentials: Equip yourself with essential skills and best practices for managing lymphedema-related wounds effectively.
- Hands-on labs and product demonstrations: Immerse yourself in interactive sessions to acquire practical skills and experience the latest tools and technologies firsthand.

By the end of this course, participants will be empowered with practical knowledge and techniques that they can seamlessly integrate into their occupational therapy practice, enabling them to make a meaningful difference in the lives of patients with lymphatic disorders. Don't miss this opportunity to stay ahead of the curve and revolutionize your approach to lymphology!

Target Audience: Occupational therapists at all levels interested in enhancing their knowledge and skills in the treatment of lymphedema.

Objectives:

- Understand the fundamental principles of central lymphatic dysfunction and lymphatics, and their implications for occupational therapy practice.
- Explore ALERT research and learn how to incorporate the findings into your clinical practice.
- Acquire practical skills and techniques for wound care management in the context of lymphedema, including assessment, prevention, and treatment strategies.
- Engage in hands-on labs and demonstrations to gain proficiency in applying various therapeutic

interventions and modalities for lymphatic disorder management.

- Identify and utilize relevant tools, technologies, and products to optimize treatment outcomes and enhance patient well-being in occupational therapy practice.
- Develop a comprehensive understanding of current advancements and emerging trends in lymphology, enabling participants to stay abreast of the latest developments in the field.
- Integrate newfound knowledge and skills into daily occupational therapy practice, enabling therapists to provide more effective and personalized care for patients with lymphatic disorders.

Track 3– Intermediate Level Course: Occupational Therapy Collaboration with Speech Language Pathologist’s in the School Setting Using the LAMP (language acquisition through motor planning) Program for Nonverbal Individuals with Autism and Other Developmental Disabilities.

Speaker Qualifications:

Libby D. Paro, OTR/L, ADHD, RSP & Brooke Hendricks, MSED, CCCSLP

Libby Paro, OTR/L, ADHD, RSP - a graduate of the university of Nebraska Lincoln in 1998 with degrees in biology and psychology and from Creighton University in 2001 for occupational therapy. I have worked with children and students for 23 years at the University of Nebraska Medical Center, Monroe-Meyer Institute, Jennie Edmundson psychology ward, Central Nebraska Rehab, and Grand Island Central community college occupational therapy assistant program, working with inpatient and outpatient pediatrics, school-based children, and faculty for OTA. I am a nine-year professor at Grand Island Central, community college, teaching pediatrics, mental health, kinesiology, community health, activity analysis, and intro to occupational therapy. I also serve as the Fieldwork Director for the program. I have published several mental health documents for children with psychosocial needs. I am a four time national presenter at the American Occupational Therapy Association national conference, and a two time presenter at the Nebraska OT conference. I was awarded the top 30 under 30 award and the prestigious league of excellence award in 2020 for outstanding teacher/presentation skills. I hold advanced certifications in behavior training for pediatrics, including ADHD, ODD, misconduct disorder, behavior plans, and modification training. I currently live in Grand Island Nebraska and serve pediatric across several Nebraska districts. I have two children, Jonathan, age 20 and Lauren age 17. I am currently engaged with a wedding planned for 2025.

Brooke Hendricks, MSED, CCCSLP - graduated from the University of Nebraska at Kearney in 2011, specializing in communication disorders. She has worked outpatient at Childrens Rehab Center for Grand Island Physical Therapy and inpatient for CHI St. Francis Medical Center specializing in modified barium swallows. She has also worked in home health across the Tri-Cities. Currently, she works in the school system for Grand Island Northwest, and for Select Therapy in skilled nursing facilities across the state of Nebraska. She has advanced training in the LAMP program, verbal behavior, autism training, PECS, structured, teach, PEAK system, and vital stemmed training. Throughout her career, she has worked with individuals from the NICU through geriatrics. She has worked with patients of all disabilities, including TBI, stroke, apraxia, dysphasia, stuttering, swallowing, motor, planning, and many more. Brooke is also a member of the Nebraska Speech and Language and Hearing Association, as well as the National American Speech Language and Hearing Association. She holds a position on the Peace Lutheran church preschool advisory board And currently lives in Grand Island with her husband Chris of 15 years and their three children Kason age 10, Madden age 5, and Jameson age 3.

Course Description:

Language acquisition through motor planning (LAMP) is a therapeutic approach using motor learning principles and a voice output communication aid to give nonverbal individuals with autism and other developmental disabilities a method to develop independent and spontaneous communication. The LAMP program addresses core deficits with motor skills, language delay, engagement, and auditory and sensory processing to improve spontaneous communication. This presentation is designed around OT and SLP collaboration of use of this

program in school, pediatrics, utilizing case studies, theory, and data driven goals.

Course Objectives:

- Participants will understand the LAMP therapeutic approach using motor learning principles in school pediatrics.
- Participants will learn interventions currently in use with individuals with autism to focus on their perceived strengths and visual learning for motor planning, and communication.
- Participants will understand how to employ this approach in School pediatrics with functional and measurable goals.
- Participants will understand the importance of OT and SLP collaboration for nonverbal students and individuals with autism for supportive independent IEP goals.
- Participants will learn through the use of both an autism and genetic disorder case study to apply the program, principles, and functional goals.

Track 4 – Intermediate Level Course: Dementia, Delirium, and Post Intensive Syndrome: Understanding Best Practices and Knowing the Differences

Speaker Qualifications:

Nicole Chipy-Hammack EdD, OTR/L, CLT & Andrea Gonzalez Saavedra, OTR/L

Nicole Chipy-Hammack received her Bachelors of Health Science in occupational therapy at the University of Florida in 2002, and her Masters of Health Science in occupational therapy in 2003. She completed her doctorate in education and health care leadership at Nebraska Methodist College. She has practiced in a wide variety of settings including acute care and home health, where she found a deep passion working in geriatrics. Dr. Chipy continued her education in dementia care working with persons with dementia and their caregivers to increase her clients' quality of life. She is a certified lymphedema therapist and has worked in inpatient acute care, outpatient, and home health as a CLT. Dr. Chipy is also passionate about mental health, and values occupational therapy's holistic approach embracing mind, body, and spirit in each of her clients. Dr. Chipy currently works as an assistant professor at the College of St. Mary in Omaha, Nebraska. Her passion for educating her patients led naturally to her love of teaching future generations of occupational therapists.

Andrea Gonzalez Saavedra received her Master's in Occupational Therapy at College of Saint Mary in 2018. She is a bilingual Occupational therapist currently working at Nebraska Medicine as the primary therapist on the Cardiovascular ICU with 5 years of experience in acute care. She works with critical patients on multiple devices such as ECMO, RVAD, impellas, balloon pumps, swan ganz etc. with cardiac, thoracic, and vascular diagnosis; she also does inpatient lymphedema and addresses complex edema post transplants and a variety of surgeries. She is a Spanish speaking Occupational Therapist with a passion for research on addressing cognitive assessments with patients who speak Spanish with a focus on different Spanish dialects, education level, and the way cognitive assessments are administered with use of interpreters specifically with the diagnosis of traumatic brain injuries, strokes, dementia, etc. Being a first generation immigrant drives her passion for diversity, advocating for patients, problem solving different strategies to assist with therapy needs for higher acuity patients, and lifelong learning.

Course Description:

As an occupational therapy practitioner working with older adults, understanding the differences between dementia, delirium, and post-intensive syndrome can be rather confusing. How does a clinician know how to help their patient who has delirium or dementia or both? In this presentation, occupational therapy practitioners will gain an understanding of the clinical presentation of delirium that leads to post-intensive syndrome as well as the similarities and differences between delirium and dementia. This knowledge will assist the occupational therapy practitioner in evaluation, intervention, and discharge planning in the ICU and post-acute settings.

Course Objectives:

- Define and differentiate between dementia, delirium, and Post-Intensive Syndrome (PICS)
- Utilize evidence-based assessments for delirium in the ICU
- Utilize nonpharmacologic interventions in treatment and prevention of delirium
- Create a plan of care when provided with a case study based on knowledge of dementia, delirium, and PICS

Track 5 – Beginner Level Course: Evaluating Functional Cognition: Using Performance-based Assessments to Inform Decisions and Interventions**Speaker Qualifications:**

McKenzie Rae Behrendt, OTD, OTR/L & Sarah Fellman, OTD, OTR/L, CKTP

McKenzie Behrendt, OTD, OTR/L is an Instructor in the Occupational Therapy Program, Department of Health and Rehabilitation Sciences, College of Allied Health Professions, at the University of Nebraska Medical Center, Kearney, NE. She worked clinically in various rural health settings, including home health, assistive living, skilled nursing home, inpatient care, neonatal intensive care, and outpatient care focusing on neurological and orthopedic conditions, driving evaluations, and seating and mobility evaluations. Dr. Behrendt teaches content related to occupation-based practice with youth and young adults, middle and older adults, and foundational human movement concepts.

Sarah Fellman is an assistant professor in the Occupational Therapy Program, Department of Health and Rehabilitation Sciences, College of Allied Health Professions, at the University of Nebraska Medical Center in Omaha, NE. Dr. Fellman has clinical experience working with children and adults in various neurorehabilitation settings. She previously taught neuroanatomy, neurorehabilitation, and the evaluation of physical rehabilitation at Creighton University. She has additional experience in LSVT-BIG and Saebo products and is a certified kinesiotaping practitioner. Dr. Fellman currently teaches content related to occupation-based practice with youth and young adults and middle and older adults as well as foundational human movement concepts and basic structure and function as it relates to occupation.

Course Description:

Functional cognition is a newer educational standard and priority area of OT practice. Understanding a client's functional cognitive abilities helps practitioners in discharge planning, safety recommendations, and creating interventions that provide the just-right challenge. In this active session, learners will perform performance-based screens and assessments and understand applicability to practice.

Course Objectives:

- Describe occupational therapy's role in addressing functional cognition.
- Verbalize how a client's level of cognitive awareness will guide your assessment choice and intervention plan.
- Apply select performance-based cognitive screens and assessments to cases for use in multiple practice settings.

Track 6 – Intermediate Level Course: Application of Trauma-Informed Care Principles Across Practice Settings**Speaker Qualifications:**

Kylie Widhelm OTD, OTR/L

Dr. Widhelm graduated from Creighton University with her OTD in 2009. For 10 years, she specialized in the ICU and inpatient mental health. She then took the position of Education Coordinator in which she coordinated

OT, PT, SLP, and athletic training students for the CHI Health sites in the metro Omaha area. After serving in that position, she took the supervisor position for acute care at Creighton University Medical Center Bergan Mercy campus. She made the transition to academia in fall 2020, teaching various classes in the occupational therapy program at the College of St. Mary. She came to Creighton University on the clinical education team in July 2022 and assists with guest lectures in various classes related to acute care, medically complex patients, and mental health. In 2021, Dr. Widhelm started a community pro bono clinic at the Stephen Center, a homeless shelter and inpatient recovery program for those addicted to drugs and alcohol. She serves as the Nebraska Occupational Therapy Association Vice President of Mental Health and Wellness and is the Creighton University Coordinator for the Occupational Therapy Neurology Fellowship. Research interests include complex medical clients, mental health, addiction recovery, community health, program development, and clinical supervision.

Course Description:

Trauma and adverse childhood experiences have life-long affects on the individual's emotional, behavioral, and physical health both in the moment and for the rest of their lives. It is imperative for occupational therapists to implement trauma-informed care principles to support recovery and outcomes across practice settings as trauma can impact recovery in all areas of an individual's life. This presentation will outline trauma-informed care principles, apply the principles across practice settings, and attendees will participate in discussion to increase the practitioner's awareness of being trauma-informed.

Course Objectives:

- Define trauma-informed care principles
- Apply trauma-informed care principles across practice settings
- Participate in discussion to improve critical thinking and application of trauma-informed care principles

Track 7 - Intermediate Level Course: Relationship Based Intervention with a Sensory Perspective to challenging behavior, emotions and sensory needs

Speaker Qualifications:

Amy Schnacker, OTR/L

Amy graduated from Creighton University in 2000 as an Occupational Therapist and has worked with children and families in a variety of settings. In 2016, she adopted her children from foster care and became a TBRI® Practitioner in 2018 after learning traditional parenting strategies were not effective for her children. She enjoys volunteering for Royal Family Kids Camp, walking, spending time with family, Husker Football, and reading. She founded Connecting Kidz in 2019 and is thankful for the journey that led her to discovering connected parenting for her family and devotes her life and education to helping other families and children overcome challenging behaviors to heal, learn and grow.

Course Description:

Using a neuroscience approach to learn ways to identify sensory vs behaviors vs trauma responses and implement sensory programs for the whole class

Course Objectives:

- Participants will learn the basics of sensory processing and identify their own sensory preferences/patterns
- Participants will learn how to support the child's sensory needs
- Participants will learn how to identify if it is sensory or if it is behavior and to chase the WHY of the behavior
- Participants will learn how to identify responses and body clues/stress signals in trauma behavior

- Participants will learn how to utilize sensory activities to aid in emotional regulation and attention

Track 8 – Advanced Level Course: Evaluating and Treating Clients with TMJ Dysfunction for Occupational Therapy Practitioners: A fascia informed protocol.

Speaker Qualifications:

Amy Mayer OTD, OTR/L, RYT

Amy Mayer OTD, OTR/L, RYT has helped improve the lives of people with pain for three decades. She is an advanced myofascial release practitioner using the John F. Barnes technique. She combines this skill with her doctorate level training as an occupational therapist, and certifications in yoga, holistic stress management, Reiki and natural movement. During her career she has been recognized for her excellence in teaching, and leadership in wellness programming. Her passion is sharing the research related to fascia and how it is changing occupational therapy practice.

Course Description:

Explore the prevalence and impact of Temporomandibular Joint Dysfunction (TMD) on essential daily activities. Delve into its multifactorial causes and learn how OT practitioners can apply their expertise in oral motor and musculoskeletal skills to effectively treat this widespread condition impacting physical and mental health

Course Objectives:

- Develop a working knowledge of the TMJ and surrounding tissue anatomy.
- Complete an evaluation with a client who has TMD.
- Apply occupation based and fascia based manual therapy techniques.
- Competently document, bill and promote occupational therapy services for TMD.

Lunch & Learn Option: Nebraska Fieldwork and Doctoral Capstone Consortium Panel

Speakers:

Fara Adams, BS, COTA/L, Megan Classen, OTD, MSOT, OTR/L, CLT, CHT, Anna Domina OTD, OTR/L, Ashley Fecht, OTD, OTR/L, BCP, Jaime Garafalo-Peterson OTD, OTR/L, Kayla Hoge, OTD, OTR/L, Libby Paro, OTR/L, ADHD, RSP, Stacy Smallfield, DrOT, OTR/L, BCG, FAOTA, Leah Stade, OTD, MHPTT, OTR/L, and Hannah Wieger MOT, OTR/L, CLT



Lunch & Learn Option: Scope of Practice

Speaker:

Melissa Kimmerling, EdD, MOT, OTR/L

Melissa Kimmerling, EdD, MOT, OTR/L is a Professor and founding Program Director of Occupational Therapy at Nebraska Methodist College in Omaha. She has served the profession in various roles including Nebraska Representative to the Representative Assembly (2016-2019), Vice President of Policy and Advocacy (2019-2023), and Nebraska Ambassador to NBCOT (2022-present). In addition to her NBCOT role, she remains active in policy and advocacy in the state, and is the lead of the Scope of Practice task force, leading the association through the 407 Credentialing Review process. She lives in Papillion with her husband, two children, and three pets.

Course Description:

NOTA currently has an active credential review in place with the state of Nebraska. The state refers to any attempt to create or modify an existing scope of practice as a “credentialing review.” NOTA submitted the letter of intent to pursue a review in January of 2024. Join Melissa Kimmerling, former VP of Policy and Advocacy, current NBCOT

Ambassador, and current Scope of Practice Task Force leader to provide input on the direction of the pursued changes. The association is exploring changes related to Physical Agent Modalities for occupational therapy assistants as well as occupational therapists, clarification on wound care and oxygen management, the use of dry needling by occupational therapy practitioners, and overall language updates based upon the revised AOTA Model Practice Act that will support further policy and advocacy efforts, with a special focus on mental health language. The association is currently in the data gathering phase. Data will be reviewed, and participant feedback will be solicited.

Questions about conference? Contact the NOTA assistant at NOTAassistant@gmail.com.

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